



**From the Rocky Mountains of Colorado (left)
To Rocky Top Tennessee (right)**

Effective January 1, 2011

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*All our products are made in
the Great Smoky Mountains
by local producers
using the freshest ingredients*

**ALL PRICES ARE SUBJECT TO CHANGE
WITHOUT NOTICE.**

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SALSAS 16 OZ JARS

<i>None of the Heat (Mild Salsa)</i>	\$4.99
<i>Some of the Heat (Medium Salsa)</i>	\$4.99
<i>All of the Heat (Hot Salsa)</i>	\$4.99
<i>All of the Heat + Some (X-Hot Salsa)</i>	\$4.99
<i>Are You Kidding Me (XXX-Hot Salsa)</i>	\$4.99
<i>Bean Salsa</i>	\$4.99
<i>Mango Salsa</i>	\$4.99
<i>Peach Salsa (Mild)</i>	\$4.99
<i>Pineapple Salsa (Medium)</i>	\$4.99
<i>Southwestern Tequila Salsa</i>	\$4.99

QUESO CHEESE DIPS 16 OZ JARS

<i>Mild Queso Cheese Dip</i>	\$4.99
<i>Spicy Queso Cheese Dip</i>	\$4.99

BBQ SAUCES & MARINADES 12 OZ BOTTLES

<i>Apple Jack Marinade</i>	\$4.99
<i>BBQ Sauce (sweetened with Splenda)</i>	\$4.99
<i>Caroline BBQ Sauce</i>	\$4.99
<i>Ginger Root Marinade</i>	\$4.99
<i>Great Smoky Mountain BBQ Sauce</i>	\$4.99
<i>Great Smoky Mountain Spicy BBQ Sauce</i>	\$4.99
<i>Honey Ginger Sauce</i>	\$6.99
<i>Honey Plum Sauce</i>	\$4.99
<i>Kansas City Steak Sauce</i>	\$4.99
<i>Mr. Nolan's BBQ Sauce</i>	\$4.99
<i>Muscadine BBQ Sauce</i>	\$4.99
<i>Muscadine Sauce</i>	\$4.99
<i>Peach BBQ Sauce</i>	\$4.99
<i>Wild Game Marinade and Basting Sauce</i>	\$4.99

CHOCOLATE ITEMS

EVERYTHING ELSE DIPPED IN CHOCOLATE

Fruit Pies (Apple, Cherry, Chocolate, Lemon, Peach, or Strawberry)	\$2.49
Marshmallows (chocolate, regular, strawberry, toasted coconut)	\$.99
Marshmallow Treats (caramel, strawberry)	\$1.99
Rat Nests (Bird Nests)	\$.99
Potato Chips (2 oz)	\$.99

JUST SWEETS

Carmel Corn (7oz) (our recipe)	\$3.99
Sweet & Sour USA – A European Style Candy.	
Each piece is 18” to 20” long	\$2.99
A variety bag 2” of all 17 flavors listed below	\$4.99
Sour Apple, Sweet Blueberry, Sour Blue Raspberry, Sour Cherry, Sweet Cherry, Sweet Grape, Sweet Mango, Sour Lemon, Sweet Lychee, Sour Orange, Sour Peach, Sour Strawberry, Sweet Strawberry, Sweet Vanilla & Strawberry, Sour Tutti Frutti, Sour Watermelon, Sweet Watermelon	

RELISHES 16 OZ JARS

Corn Relish	\$4.99
Mild Chow Chow	\$4.99
Spicy Chow Chow	\$4.99
Hot Chow Chow	\$4.99
Mild Green Tomato Relish	\$4.99
Hot Green Tomato Relish	\$4.99
Spicy Zucchini Relish	\$4.99

PICKLES 16 OZ JARS

Finger Hot peppers	\$4.99
Pickled Okra	\$4.99
Hot Pickled Okra	\$4.99
Squash Pickles	\$4.99
Zucchini Pickles	\$4.99
Cousin John's Sweet & Spicy Pickles	\$4.99
Cousin John's Hot & Spicy Pickles	\$4.99

CIDERS

	<u>16 oz</u>	<u>32 oz</u>	<u>64 oz</u>
Blackberry Cider	\$2.99	\$5.50	\$9.99
Blueberry Cider	\$2.99	\$5.50	\$9.99
Cherry Flavored Apple Cider	\$2.99	\$5.50	\$9.99
Muscadine Cider	\$2.99	\$5.50	\$9.99
Peach Cider	\$2.99	\$5.50	\$9.99
Scuppernong	\$2.99	\$5.50	\$9.99
Strawberry Cider	\$2.99	\$5.50	\$9.99

BUTTERS 9 OZ JARS

Apple Butter	\$4.99
Cherry Apple Butter	\$4.99
Mango Butter	\$4.99
Mayhaw Butter	\$4.99
Old Fashion Peach Butter	\$4.99
Peach Butter w/Pineapple	\$4.99
Pear Butter w/Pineapple	\$4.99
Pecan Apple Butter	\$4.99
Pumpkin Butter w/Honey	\$4.99
Rum Apple Butter	\$4.99
Strawberry Pepper Jelly	\$4.99
Sweet Potato Butter w/Honey	\$4.99

JAMS 9 OZ JARS

Blackberry Jam (seedless)	\$4.99
Blueberry Jam	\$4.99
Key Lime Jam	\$4.99
F.R.O.G. Jam (fig, raspberry, orange, ginger)	\$4.99
Key Lime Jam	\$4.99
Red Plum Jam	\$4.99
Rhubarb Strawberry	\$4.99
Strawberry Chocolate Split Jam	\$4.99
T.O.E. Jam (tangerine, orange, elderberry)	\$4.99

PRESERVES 9 OZ JARS

Peach Pecan Preserves	\$4.99
Pear Preserves	\$4.99
Strawberry Preserves	\$4.99
Very Berry Preserves	\$4.99

CHOCOLATE ITEMS

COOKIES DIPPED IN CHOCOLATE

<u>Oreo Cookies:</u> (2)	\$1.99
Blondie, Fudge, Mint, Original, Peanut Butter, Strawberry	
Nutter Butters Cookies (2)	\$1.99
Chocolate Chip Cookies (2)	\$1.99
Chocolate Chip Cream Cookie (1)	\$1.49
Fudge Cream Cookie (1)	\$1.49
Oatmeal Cream Cookie (1)	\$1.49

PRETZELS DIPPED IN CHOCOLATE

Long Pretzels	\$1.49
Sourdough Pretzel Knots	\$2.49
<u>Pretzel Knots</u>	\$2.99
White Chocolate & Mini M&Ms	
Milk Chocolate & Mini Reese's Pieces	
<u>TN Walking Sticks (2):</u>	\$2.49
(Short Pretzels Dipped in Caramel & Rolled in: Mini M&Ms, Mini Reese's Pieces, Cashews or Peanuts)	

BITESIZE CUPS OF JOY

<u>Coffee Cups:</u>	\$.99
Almond Amaretto, Chocolate Cherry Kiss, Crème Brule, French Vanilla, Hazelnut, Café L'Orange	
Raisin Cups	\$.99
Cashew Cups	\$.99
Peanut Cups	\$.99
<u>Truffles:</u>	\$.75
Oreo: Original, Mint, Peanut Butter, Strawberry Pecan Shortbread	

CHOCOLATE ITEMS

FRESH FRUIT DIPPED IN CHOCOLATE

Baby Dill Pickles (2)	\$1.49
Bacon	\$1.49
Bananas	\$1.99
Cherries (2)	\$1.49
Habaneros	\$1.49
Jalapenos	\$1.49
Lemon Slices (2)	\$1.49
Lime Slices (2)	\$1.49
Olives (green, garlic, garlic & jalapeno, jalapeno)	
Orange Slices (2)	\$1.99
Pineapple Slices	\$1.49
Strawberries	\$2.49
Single Mice	\$1.49
Double Mice	\$1.99
(Made from Maracino Cherries, Hershey's Kiss, Almond Slices on a chocolate graham cracker)	

CAKES DIPPED IN CHOCOLATE

Banana Crème Rolls	\$1.99
Banana Twins	\$1.99
Blueberry Crème Rolls	\$1.99
Boston Crème Rolls	\$1.99
Brownies (2)	\$1.99
Cheese Cake Bites	\$.99
Donut Holes	\$.99
Snowballs	\$1.99
Strawberry Shortcake Rolls	\$1.99
Suzy Qs	\$1.99
Twinkies (Chocolate, Original, or Strawberry)	\$1.99
Zingers (Chocolate, Raspberry, or White)	\$1.99

JELLIES 9 OZ JARS

Blackberry Jelly	\$4.99
Blueberry Jelly	\$4.99
Cherry Jelly	\$4.99
Corn Cob Jelly	\$4.99
Elderberry Jelly	\$4.99
Five Pepper Jelly	\$4.99
Five Pepper Strawberry Jelly	\$4.99
Fuzzy Navel Jelly	\$4.99
Jalapeno Jelly (green)	\$4.99
Jalapeno Jelly (red)	\$4.99
Jalapeno Peach Jelly	\$4.99
Mayhaw Jelly	\$4.99
Mint Jelly	\$4.99
Moonshine Jelly	\$4.99
Muscadine Jelly	\$4.99
Pepper Jelly	\$4.99
Raspberry Chipotle Jelly	\$4.99
Rhubarb Jelly	\$4.99
Scuppernong Jelly	\$4.99
Tequila Jelly	\$4.99

NO SUGAR ADDED ITEMS

SWEETENED WITH SLENDA 12 OZ JARS

BBQ Sauce	\$4.99
Apple Butter	\$6.49
Blackberry Jam	\$6.49
Blueberry Jam	\$6.49
Cherry Preserves	\$6.49
Cinnamon Pear Preserves	\$6.49
Fig Preserves	\$6.49
FROG Jam	\$6.49
Muscadine Jelly	\$6.49
Red Raspberry Jam	\$6.49
Sweet Potato Butter	\$6.49

GLAZES 12 OZ BOTTLES

<i>Pineapple Pepper Glaze</i>	\$4.99
<i>Raspberry Pepper Glaze</i>	\$4.99

SYRUPS 12 OZ BOTTLES

<i>Amaretto Peach Syrup</i>	\$4.99
<i>Apple Cinnamon Syrup</i>	\$4.99
<i>Blackberry Syrup</i>	\$4.99
<i>Cinnamon Peach Syrup</i>	\$4.99
<i>Maple Flavored Syrup</i>	\$4.99
<i>Maple Pecan Flavored Syrup</i>	\$4.99
<i>Muscadine Syrup</i>	\$4.99
<i>Pecan Flavored Syrup</i>	\$4.99
<i>Raspberry Syrup</i>	\$4.99
<i>Strawberry Syrup</i>	\$4.99

TOPPINGS 12 OZ BOTTLES

<i>Strawberry Rum Topping</i>	\$4.99
<i>Toasted Pecan Topping</i>	\$4.99

HOT SAUCES (CON'T)

<i>el Yucateco Salsa Picante de Chile Habanero Green Hot Sauce 8 oz</i>	\$9.00
<i>el Yucateco Salsa Picante de Chile Habanero XXXtra Hot Habanero</i>	\$7.00
<i>Georgia Peach and Vidalia Onion Hot Sauce</i>	\$7.00
<i>Iguana Gold Island Pepper Hot Sauce</i>	\$6.00
<i>Iguana XXX Habanero Pepper Hot Sauce</i>	\$6.00
<i>Iguana Mean Green Jalapeno Hot Sauce</i>	\$6.00
<i>Key West Key Lime Hot Sauce</i>	\$6.00
<i>Mad Dog 357 Ghost Pepper Hot Sauce</i>	\$12.00
<i>Mad Dog 357 Pure Ghost</i>	\$12.00
<i>Marie Sharp's Fiery Hot Habanero Hot Sauce 5 oz</i>	\$5.00
<i>Marie Sharp's Hot Habanero Hot Sauce 5 oz</i>	\$5.00
<i>Melinda's Chipotle Pepper Sauce</i>	\$5.00
<i>Melinda's Mango Hot Sauce</i>	
<i>Tears of Joy Tequila Lime Hot Sauce</i>	\$6.50
<i>The Ghost Hot Sauce</i>	\$11.00
<i>Trinidad Habanero Hot Pepper Sauce</i>	\$6.00
<i>Vicious Viper Hot Sauce</i>	\$7.50
<i>Virginia Gentleman Bourbon Chipotle Hot Sauce</i>	\$9.00
<i>Voodoo Queen Burnin' Desire w/ Voodoo Doll</i>	\$8.00
<i>Voodoo Queen Lucky Mojo w/ Voodoo Doll</i>	\$8.00
<i>Voodoo Queen Smokin' Passion w/Voodoo Doll</i>	\$8.00

HOT SAUCES

Jolokia Pods (3 pods)	\$5.99
Backdraft Hot Sauce	\$4.99
Bee Sting Honey n' Habanero Hot Sauce	\$5.49
Bee Sting Mango Passion Peppa Sauce	\$5.49
Bee Sting Rainforest Honey Mustard Sauce	\$5.49
Blair's Heat Wasabi Green Tea Hot Sauce	\$6.99
Blair's Maga Death Hot Sauce	\$8.99
Blair's Original Death Hot Sauce	\$7.99
Blair's Presents: Zakk Wylde's Shot to Hell Berserker Hot Sauce	\$12.00
Blair's Pure Death Hot Sauce w/ Jolokia	\$8.00
Blair's Ultra Death Sauce	\$13.00
Captain Sorenson's Datil Pepper Sauce (Fire Hydrant Bottle)	\$12.00
Cholula Chili Lime Hot Sauce	\$5.00
Colon Cleaner Hot Sauce	\$6.00
Cool Million 1 Million Scoville Units Hot Sauce	\$25.00
da' Bomb Beyond Insanity Hot Sauce	\$7.00
Danny Cash's 1%er Jolokia Hot Sauce	\$17.00
Danny Cash's Cajun Cayenne Salvation Sauce (w/Mini Bible)	\$9.00
Danny Cash's Garlic Serrano Salvation Sauce (w/ Mini Bible)	\$9.00
Danny Cash's Jolokia Havia Hot Sauce	\$25.00
Danny Cash's Red Habanero Salvation Sauce (w/ Mini Bible)	\$9.00
Dave's Ghost Pepper Naga Jolokia Hot Sauce	\$12.00
Dave's Ginger Peach Hot Sauce	\$6.50
Dave's Gourmet Roasted Garlic Hot Sauce	\$6.50
Dave's Gourmet Ultimate Insanity Sauce	\$9.00
Dave's Hurtin' Habanero Hot Sauce	\$6.50

PRETZEL DIPS 12 OZ JARS

Raspberry Pretzel Dip (12 oz)	\$4.99
Honey Mustard Pretzel Dip (12 oz)	\$4.99

DIPS & SEASONINGS

Dill & Spinach Dip	\$4.95
Zesty Bacon Dip	\$4.95
Pomodoro Dip	\$4.95
Veggie Dip & Soup Starter	\$4.95

	<u>.5 oz</u>	<u>.95 oz</u>
Garlic Herb Seasoning	\$2.99	\$4.49
Clam Dip Blend	\$2.99	\$4.49
Shrimp Dip Blend	\$2.99	\$4.49
Crab Dip Blend	\$2.99	\$4.49

HONEY, BEE POLLEN, SORGHUM

	<u>8 oz</u>	<u>16 oz</u>
Bee Pollen	\$11.99	\$21.00

Honey Sticks 4 Stick / \$1.00

This honey is kosher with natural flavoring

Flavors: Amoretto, blackberry, caramel, cinnamon, clover, ginger, lemon, licorice, lime, mango, mint, orange, orange blossom, peach, pink lemonade, root beer, sour apple, sour cherry, sour grape, sour raspberry, sour strawberry, vanilla, wild watermelon, wildflower

	<u>22 oz</u>	<u>36 oz</u>
Clover Honey	\$5.99	\$11.99
Clover Honey w/Comb	\$6.49	\$12.49
Orange Blossom Honey	\$5.99	\$11.99
Sorghum	\$6.49	\$12.49
Sourwood Honey	\$5.99	\$11.99
Sourwood Honey w/Comb	\$6.49	\$12.49
Wildflower Honey	\$5.99	\$11.99

Clover honey is produced by bees who feed primarily on the nectar of flowering clover plants.

Orange Blossom honey is produced by bees who feed on the nectar of flowering Florida orange groves.

Sourwood honey is produced by bees who feed on the nectar of flowering Sourwood trees (Oxydendrum Arboreum).

Wildflower honey (polyfloral honey) is produced by bees who feed on the nectar of many types of flowers.

Bee pollen is sometimes called 'the perfect food'. Bee pollen benefits stem from the fact that it contains more than 96 different nutrients, including every single nutrient that is needed to sustain human life. It is made up of 40% protein, nearly all of it usable by the body without any further breakdown or metabolism. The health benefits of bee pollen have been known for thousands of years.

A little history about honey...

Honey derives its name from the Hebrew word meaning enchant. The bible mentions Honey or Honeycomb over 40 times. In the book of St. Luke 24:42, after Christ rose from the dead, the first food He ate was "broiled fish and honeycomb." Honey has been found in the tombs of ancient Egyptian Pharoas, and men harvesting honey was painted on the walls of caves by pre-historic man. The ancient Mayans used honey as an ingredient in a fermented beverage they prized. 17th century settlers brought the European honeybee to the New World and used its handiwork in everything from food to furniture polish. Today, alternative medical practitioners use honey in a wide variety of practices, known as Apitherapy.

Hayfever & allergies...

Honey is being rediscovered as a natural source of energy that also offers a unique combination of nutritional benefits. In addition to being a concentrated energy source, honey contains a wide array of vitamins, minerals, antioxidants and amino acids. Honey is an instant energy-building food. Honey is virtually free of bacteria and rarely spoils. Every spoonful of honey has potent antiseptic and antibacterial qualities. Including the following:

- *Honey helps reduce chest disorders and coughs. It soothes sore throats.*
- *It improves chronic bronchitis, bronchial asthma, sinus problems and allergies.*
- *Honey hastens the healing of wounds. Reduces inflammation.*
- *Honey helps sooth the skin and clears many skin disorders. Its amino acids and vitamin C speeds the growth of healthy tissue.*
- *Honey facilitates the digestion and assimilation of other foods.*

Information provided is not meant to be used as medical advice. Please consult your doctor if you have questions about the use of these products. That Sweet & Spicy Shoppe assumes no liabilities for your use of these products.